

LUGGAGE

Option #1: One carry-on bag (it must fit under your seat) and a carry-on suitcase (22 inches or less). This is a great way to avoid the checked luggage fee.

Option #2: One carry-on bag (it must fit under your seat) and a checked suitcase (most airlines charge \$25 one-way fee; checked bag not to exceed 50 lbs.).

☐ Read and adhere to TSA's (<https://www.tsa.gov/travel/security-screening/liquids-rule>) Liquid, Gel, and Aerosol Regulation for carry-on bags. It states:

You are allowed to bring a quart-sized bag of liquids, aerosols, gels, creams and pastes in your carry-on bag and through the checkpoint. These are limited to travel-sized containers that are 3.4 ounces (100 milliliters) or less per item. Placing these items in the small bag and separating from your carry-on baggage facilitates the screening process. Pack items that are in containers larger than 3.4 ounces or 100 milliliters in checked baggage. Any liquid, aerosol, gel, cream or paste that alarms during screening will require additional screening.

☐ Packing Tips

Pack heaviest items first - Make a list of the contents of your suitcase in case luggage is lost or stolen. Leave space in your suitcase for souvenirs or bring an extra empty bag. Be sure to have your name and contact information on both carry-on and checked luggage

CLOTHES (for an average 4-day tour)

___ T-shirts / Tops (one for each tour day)

___ 1 additional shirt WITH LONG SLEEVES to protect from sunburn

___ Shorts, pants, and/or skirts

___ Jeans, light long pants, dress (optional)

___ 2 pairs of sneakers or walking shoes for extended walking (1 pair for possible wet muddy areas)

___ 1 Nice evening outfit for Hamilton

___ Sleepwear

___ Socks, underwear, toiletries

___ 1 pair of beach sandals and/or Tevas, crocks...

ADDITIONAL NECESSARY ITEMS

___ Insect Repellent (3-oz size unless checking luggage); we suggest you bring or buy once there and use it daily to protect from mosquitoes.

___ Photo I.D. or passport

___ Water Bottle (free filtered water refills daily)

___ Labeled medications (name, contents) if needed

___ Quart-size bag for liquids/gels

___ Sun block

___ Backpack for hiking and day trips

___ Plastic bag for wet clothes

___ 1 beach towels

___ Money (see Spending Money section)

___ Raincoat / poncho – you will need it for the rainforest and for rainy days

OPTIONAL ITEMS

___ Smartphone, camera, charger, extra batteries, memory cards

___ Cell phone & charger

___ ATM / Cash Card

___ Accessories: Sunglasses, belts, watch, hand sanitizer, wipes...

___ Hat to protect from sun

___ Book to read, pens, pencils, diary writing paper, stamps....

___ Vitamins / personal first aid kit

___ Snorkeling equipment

SPENDING MONEY

We will provide filtered water during the day. You will need money for:

___ Meals on day one, dinner on day two, meals on day four, and any meals outside of our tour package.

___ Bring some cash and feel free to use credit cards on the island. ATMs are also available should you need more cash. You'll find compatible ATM machines all over Puerto Rico.

___ Snacks

___ Souvenirs

___ Tips - As a general rule of thumb, we recommend the following: \$3 per traveler per day for Tour Director, \$1.50 per traveler per day for Tour Escort, \$1.5 per traveler per day for driver.

WHAT NOT TO BRING

- Traveler's checks
- Knives, fireworks or other dangerous equipment; weapons are strictly forbidden.

ON THE DAY YOU LEAVE

- Wear comfortable clothes without any metal for flight.
- Make sure your contact information is on each bag, even carry-on.
- Double check you have your ID (or passport), the itinerary, and some cash with you.
- Make sure any important medicine is in your carry-on in case luggage is lost.
- Be well rested. Drink plenty of liquids the day before you leave.
- Get to the airport early and on time.